

SPED 413
Serving Students with Multiple/Severe Disabilities
Lesson Plan Four

Student: Blaine
Teacher:
Date: 11/9/2020

Lesson Goal:

Blaine will eat more the 50% of his meal on his own.

Logistics:

- Blaine has a very short attention span; it lasts about one minute before he will get up and move.
- Blaine doesn't enjoy sitting down for long periods of time. So, he will get up from the table and want to leave his meal.
- Blaine is non-verbal, making it is hard to know exactly what he wants to eat.
- Blaine will begin to hit when he becomes impatient when he wasn't to move around.
- Blaine does not like to eat a lot of food at the school.

Lesson Objective:

- Today we are going to work on sitting Infront of his meal for 5 minutes. If Blaine stays seated for 2 minutes, 2 out of the 3 tries then he will receive a reward of his choice.

Other information:

- Materials Needed
 - o Chair
 - o Blaine's meal
 - o Reward options
- Time Needed
 - o 2 minutes
- Procedure
 - o First thing we will do is grab Blaine's meal.
 - o Then we will bring him to an area where he feels most comfortable and out of the way of other students. This way he will focus on his meal and not be distracted by other students passing by or making noises.
 - o Once we have gotten Blaine to take a seat, I will start a timer and see how long he will go without getting up from his seat while eating. Once he gets up the timer will start over. We will repeat these two times until we go to another room. If he doesn't get up, then we will continue the timer until he does or until he is finished with his meal.
 - o **If Blaine gets up 2 times before finishing his meal, then:**
 - o If Blaine gets up 2 times before the 5 minutes are over, then we will move him to a different room that he is more comfortable or familiar with.
 - o Then we will start the process over. I will start the timer and then and see how well he will sit Infront of his meal, until the meal is over or if the student gets up 2 times.

Rooms	1min	2min	3min	4min	5min	Over time	Notes
Lunchroom	X	X	X	/	-----	-----	I could tell when we first sat down Blaine was distracted. He had his mind on other things. I believe this is why he got up from the lunch table. He was also very tired today. His teacher explained that not every day is like this. He said he has his days when he is tired and pays more attention to his meal. While he did get up once he still sat through the rest of the meal in the lunchroom.
Lunchroom	X	X	X	X	X	X	
Special Ed	-----	-----	-----	-----	-----	-----	
Special Ed	-----	-----	-----	-----	-----	-----	
Therapy Room	-----	-----	-----	-----	-----	-----	
Therapy Room	-----	-----	-----	-----	-----	-----	
-----	-----	-----	-----	-----	-----	-----	

----- ignore this area

X Seated

/ Got up

At the very beginning of the meal, we got Blaine's meal and sat at the usual spot he chose. Once he was comfortable, he began to eat. That is when I started the timer. He started very well; he wasn't distracted and was paying attention to eating. Although he didn't want to grab his utensil, then all of a sudden, he got up quickly. He tried running off. His teacher caught him and then brought him back to the table, and then he began to eat again. Blaine then sat down for the rest of his meal. I am unsure what caused him to get up the first time, although he did very well once he sat down the second time. Blaine was able to stay in the lunchroom for his entire meal. Blaine sitting in the lunchroom was an outstanding achievement, and that he only had gotten up once. Once Blaine had finished his meal, he stayed around and helped while his teacher cleaned his tray and threw things away.

